

PERSONAL SAFETY AND SOCIAL RESPONSIBILITY

COMPETENCE 1 – GEOGRAPHY & LAND FORMS

1. GEOGRAPHY

1. SEA / AT SEA
2. NAVIGATION /NAVIGATIONAL
3. SHORE / ASHORE
4. LAND / COAST / COASTAL
5. BOARD / ABOARD / ON BOARD
6. SHIPPING
7. SEA TRANSPORT
8. NORTH / SOUTH / EAST / WEST
9. NORTHEAST / NORTHWEST / SOUTHEAST / SOUTHWEST
10. NORTHERN / SOUTHERN / EASTERN / WESTERN
11. NORTHERNMOST / EASTERNMOST / WESTERNMOST
12. NORTH OF LONDON / SOUTH OF MADRID / EAST OF ROME / WEST OF ZURICH
13. THE SUN / THE EARTH / THE MOON / THE STAR
14. HEMISPHERES
15. PARALLEL / EQUATOR
16. MERIDIAN /LINE OF LONGITUDE / ZERO DEGREE MERIDIAN
17. GREENWICH [gren.it]
18. NORTH POLE / SOUTH POLE
19. POSITION
20. BEARING
21. LATITUDE / LONGITUDE
22. COURSE / SPEED
23. DISTANCE
24. MILE / SEA MILE / CABLE / FATHOM
25. OCEAN: THE ATLANTIC OCEAN / THE PACIFIC OCEAN / THE INDIAN OCEAN
26. SEA: THE BALTIC SEA / THE RED SEA / THE MEDITERRANEAN SEA / THE NORTH SEA
27. RIVER: THE VISTULA RIVER / THE MISSISSIPPI RIVER / THE RIVER THAMES

2. LAND FORMS

28. ANCHIALINE POOL

29. AVULSION
30. ARCHIPELAGO
31. ATOLL
32. AYRE
33. BARRIER BAR / B. ISLAND
34. BAYMOUTH BAR
35. BRACKISH MARSH
36. CLIFF / CLIFF-TOP DUNE
37. COAST
38. COASTAL PLAIN/ C. WATERFALL
39. CONTINENTAL MARGIN/ C. SHELF
40. CORAL REEF
41. COVE
42. DUNE
43. ESTUARY
44. FIRTH
45. FRESHWATER MARSH
46. FUNDUS
47. GEO
48. HEADLAND
49. INLET
50. INTERTIDAL WETLAND
51. ISTHMUS
52. LAGOON
53. MARINE TERRACE
54. MOUTH BAR
55. RAISED SHORELINES
56. MACHAIR
57. MEGA DELTA
58. MUDFLAT
59. NATURAL ARCH
60. REEF
61. RIA
62. RIVER DELTA
63. SALT MARSH
64. SHORE
65. STACK
66. STRAND PLAIN
67. SUBMARINE CANYON
68. SWAMP
69. TIDAL ISLAND / T. MARSH
70. TIED ISLAND/T. POOL
71. TOMBOLO

3. PROMINENT LAND FORMS

72. GULF: THE MEXICAN GULF / THE PERSIAN G.
73. STRAIT: THE DOVER STRAIT / STRAIT OF GIBRALTAR / THE KATTEGAT STRAIT
74. CHANNEL: THE ENGLISH CH.

75. CANAL: THE SUEZ C. / THE PANAMA C. / THE KIEL C.
76. SOUND: CALF S. / ØRESUND / THE SOUND OF CHAUSEY
77. BAY: THE GDANSK BAY / THE BAY OF BISCAY
78. BIGHT: B. OF BENIN / GERMAN B. OR HELIGOLAND B. / PORTLAND B. (JAMAICA)
79. ISLAND: GREAT BRITAIN / IRELAND / SICILY
80. ISLET: ISLOTE DE LAS NUBES (ALBORÁN)
81. PENINSULA: IBERIAN P. / HEL P. / *also headland, bill, point, promontory or spit*
82. CAPE: C. HORN / C. OF GOOD HOPE / NORTH C. (NOR) /
- C. TAINARON (GRE) / CABO DA ROCA (POR) / CABO DE SÃO VICENTE (POR)

4. CONTINENTS & COUNTRIES

83. EUROPE / ASIA / NORTH AMERICA / SOUTH AMERICA / AFRICA / AUSTRALIA / ARCTIC / ANTARCTIC
84. POLAND / POLISH / WARSAW
85. PANAMA / PANAMIAN / PANAMA CITY
86. AMERICA / AMERICAN / USA / THE UNITED STATES OF AMERICA
87. WASHINGTON / NEW YORK
88. ENGLAND / ENGLISH / BRITAIN / BRITISH / GREAT BRITAIN / THE UNITED KINGDOM / BRITISH COMMONWEALTH / LONDON
89. GERMANY / BONN / BERLIN
90. HOLLAND / THE NETHERLANDS / DUTCH / DUTCHMAN / THE HAGUE / AMSTERDAM or A' DAM / IJMUIDEN VTS [*ajmauden*]
91. MIDDLE EAST / FAR EAST

5. MAJOR CIRCLES OF LATITUDE

92. ARCTIC CIRCLE (66° 33' 44" N);
93. TROPIC OF CANCER (23° 26' 16" N);
94. EQUATOR (0° latitude);
95. TROPIC OF CAPRICORN (23° 26' 16" S)
96. ANTARCTIC CIRCLE (66° 33' 44" S).

6. WEATHER & METEOROLOGICAL TERMS

97. BEAUFORT SCALE (0-12)
98. STATE OF SEA (0-9)
99. BACKING
100. CAUSING
101. COMPLEX DEPRESSION
102. DAWN

103. DECLINE (DECREASE)
104. DEEPEN
105. DEGENERATE
106. DELAY
107. DESCENDING AIR CURRENT
108. DETERIORATION
109. DEW / DEWPOINT
110. DIE OUT
111. DIFFUSE
112. DISPERSE
113. DISTURBANCE
114. DOGGER DRIFT
115. DRIZZLE
116. DUMP
117. DUSK
118. ELSEWHERE
119. ENCROACH
120. EXTEND
121. FAINT
122. FALL OF PRESSURE
123. FILL UP
124. FLAT LOW
125. FLURRIES
126. FOG / FOGGY / FOG SIGNAL / FOG HORN / FOG PATCHES
127. FOUL WEATHER
128. FRESHEN
129. FROST
130. GALE / G. WARNING
131. GLAZED FROST
132. GRADIENT FORCE
133. GRADUALLY
134. GROWLER
135. GUST(Y)
136. HAIL
137. HAZE / HAZY
138. HIGH (LOW)/ H. PRESSURE AREA
139. HOARFROST
140. HUMIDITY, DAMPNESS
141. ICING
142. IMMINENT
143. IMPLY
144. IMPROVE
145. INFERENCE
146. INTENSIFY
147. LIFT
148. LIKELY
149. LOCAL SHOWER
150. MAYDAY / PAN PAN / SECURITE
151. MEAN

152. MERGE
 153. NIL
 154. MIST / MISTY / MIST IN PATCHES
 155. MOISTURE / MOISTURE CONTENT
 156. MULTILAYER
 157. NON PERSISTENT
 158. OCCASIONAL
 159. OCCLUSION
 160. OCCUR
 161. OFF-SHORE (ON-SHORE) WIND
 162. OPAQUE
 163. OPPRESSIVE
 164. OROGRAPHIC RAIN
 165. OTHERWISE
 166. OUTBREAK
 167. OUTLOOK
 168. OVERCAST
 169. PERSIST
 170. POURING RAIN
 171. PRECIPITATION: DRIZZLE / RAIN / SHOWER
 172. PROGRESS
 173. RAIN / RAINY / RAINY WEATHER
 174. RAINFALL
 175. REAR (OF THE DEPRESSION)
 176. RECUR
 177. RELATIVE HUMIDITY / CRITICAL H.,
 178. RIDGE OF HIGH PRESSURE
 179. RIME
 180. SCATTERED
 181. SEA SWELL
 182. SEMICIRCLE
 183. SHIFTING
 184. SLACKEN
 185. SLEET
 186. SMOG
 187. SMOKE
 188. SMOOTH SEA
 189. SPELL
 190. SPREAD
 191. SQUALL(Y)
 192. STICKY
 193. STORM / STORMY WEATHER
 194. STRETCH
 195. SULTRY
 196. SUN / SUNNY WEATHER
 197. SUSPECTED
 198. SWING
 199. TEMPEST
 200. TEMPORARY
 201. THAWING WEATHER

202. THREATEN
 203. THUNDERY
 204. TRANSIENTLY
 205. TROUGH
 206. TYPHOON
 207. UNCERTAIN
 208. UNLIKELY
 209. UNSETTLED
 210. VALID
 211. VEER
 212. VELOCITY
 213. VIGOROUS
 214. VISIBILITY: VERY BAD / BAD / POOR OR FAIR
 / GOOD / WELL / VERY GOOD / VERY WELL
 / EXCELLENT
 215. VORTEX
 216. WEATHER FORECAST
 217. WEDGE
 218. WHIRLWIND
 219. WIND / WINDY / WIND FORCE 4 / W.
 INCREASES / W. DECREASES / W. SHIFTING
 220. WIND: CALM / BREEZE / STRONG W. / GALE
 / STORM / HURRICANE

7. ABBREVIATIONS IN WEATHER REPORTS

221. appr – approximately
 222. bltn - bulletin
 223. cmg - coming
 224. cntr - centre
 225. deg - degree
 226. gmt – Greenwich mean time
 227. hrs - hours
 228. kts - knots
 229. lat - latitude
 230. long - longitude
 231. obs - observation
 232. obsy - observatory
 233. psn - position
 234. ref – with reference to
 235. sos – distress signal
 236. uswb – u.s. weather bureau
 237. vis - visibility
 238. w'ly - westerly
 239. wx – weather report
 240. ttt – safety signal
 241. xxx – urgency signal
 242. z - zero